

## Release and Waiver of Liability, Assumption of Risk, and Indemnity

IN CONSIDERATION of being permitted to participate in any way in **Central Oregon Wheelers** activities, including but not limited to bicycle rides, winter activities, skills clinics and social events (collectively "Activities"), I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of these Activities and that I am qualified, in good health, and in proper physical condition to participate in such activity. I further acknowledge that many Central Oregon Wheelers events will be conducted over public roads, trails and facilities open to the public and upon which the hazards of traveling are to be expected. I further agree and warrant that if, at any time, I believe conditions to be unsafe, I will immediately discontinue further participation.
2. FULLY UNDERSTAND that: (a) BICYCLING INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the activity, the condition in which the activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation with Central Oregon Wheelers.
3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE Central Oregon Wheelers, their administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.
4. I agree to wear an ANSI or SNELL approved helmet when cycling and to ride in accordance with all applicable laws.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY ACCEPTING IT, AND HAVE ACCEPTED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

By signing this waiver, you are verifying that you are 21 years of age or older.

Print name: \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Print name: \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Print name: \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Print name: \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_